



Ov. Pos	Chip Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	1	50	DAVID FULFORD	M	MSEN	GLAXO HOAD HILL HARRIERS	0:35:58	0:35:58		1	1	1
2	2	179	FRASER MINNICAN	M	MSEN	WALNEY WIND CHEETAHS	0:36:36	0:36:36		2	2	1
3	3	45	RYAN EVERETT	M	MSEN		0:38:32	0:38:32		3	3	1
4	4	251	LUCA MESSENGER-JONES	M	MSEN	BARROW & FURNESS STRIDERS	0:38:46	0:38:46		4	4	1
5	5	82	DAVID MCNALLY	M	MV40	LEVEN VALLEY AC	0:39:08	0:39:07		5	1	1
6	6	126	PAUL SMITH	M	MSEN		0:39:10	0:39:10		6	5	2
7	8	279	MATTHEW WALL	M	MSEN		0:40:14	0:40:13		7	6	3
8	9	316	RYAN TOOMEY	M	MSEN		0:40:16	0:40:15		8	7	4
9	10	203	ROBERT ARMSTRONG	M	MSEN		0:40:19	0:40:18		9	8	5
10	7	195	MICHAEL TEASDALE	M	MSEN		0:40:21	0:39:59		10	9	6
11	11	207	CAMERON BELL	M	MSEN		0:41:08	0:41:08		11	10	7
12	12	114	IAN SADLER	M	MV50	WALNEY WIND CHEETAHS	0:41:26	0:41:25		12	1	2
13	13	112	SEAN ROBERTS	M	MV40		0:41:46	0:41:44		13	2	8
14	14	233	CHRISTOPHER HUBBOLD	M	MSEN		0:42:01	0:42:00		14	11	9
15	14	268	CHRIS POLKINGHORN	M	MSEN		0:42:36	0:42:00		15	12	10
16	16	165	DARREN COWARD	M	MSEN	GLAXO HOAD HILL HARRIERS	0:42:45	0:42:42		16	13	2
17	17	138	LEWIS WATTS	M	MSEN	GLAXO HOAD HILL HARRIERS	0:43:22	0:43:13		17	14	3
18	18	205	JAMES BAILEY	M	MV40	CUMBRIA POLICE	0:43:23	0:43:17		18	3	1
19	19	285	LIAM WIDDRINGTON	M	MSEN	BAE	0:43:31	0:43:28		19	15	1
20	20	166	COLIN COX	M	MV40		0:43:42	0:43:38		20	4	11
21	21	253	SAM MOORE	M	MSEN	MILLOM STRIDERS	0:43:51	0:43:49		21	16	1
22	22	311	JOHN RODGERS	M	MV50		0:44:12	0:44:10		22	2	12
23	23	181	SCOTT MOSSOP	M	MSEN	MILLOM STRIDERS	0:44:41	0:44:39		23	17	2
24	24	256	NATHAN MOSSOP	M	MSEN		0:44:50	0:44:49		24	18	13
25	27	274	TYGA STEELE	F	FSEN		0:45:08	0:45:04	1		1	1
26	26	176	ANDY LODGE	M	MSEN		0:45:16	0:44:57		25	19	14
27	24	244	CHRISTOPHER LYSONS	M	MSEN		0:45:24	0:44:49		26	20	15
28	28	257	MARGARET MURPHY	F	FSEN	STRIDERS	0:45:28	0:45:26	2		2	1
29	29	265	DANNY PATTINSON	M	MSEN		0:45:38	0:45:27		27	21	16
30	31	190	AMY SINGLETON	F	FSEN	WALNEY WIND CHEETAHS	0:45:57	0:45:55	3		3	1
31	30	143	PAUL WILLETTS	M	MV50		0:46:10	0:45:43		28	3	17
32	32	139	CHRISTIAN WHITE	M	MSEN		0:46:17	0:46:00		29	22	18
33	35	270	CHRIS PUNTON	M	MSEN	WALNEY WIND CHEETAHS	0:46:27	0:46:24		30	23	3
34	34	277	MATT VINER	M	MSEN		0:46:28	0:46:19		31	24	19
35	37	134	HEATHER TRAVIS	F	FV40	GLAXO HOAD HILL HARRIERS	0:46:29	0:46:27	4		1	1
36	33	148	DAVID WRIGHT	M	MV50		0:46:32	0:46:11		32	4	20



Ov. Pos	Chip Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos	
37	38	317	ANTHONY ATKINSON	M	MSEN		0:46:38	0:46:34			33	25	21
38	39	127	DEAN STEELE	M	MV50	STEELES	0:46:44	0:46:40			34	5	1
39	40	14	GLENN BOULTER	M	MSEN	GLAXO HOAD HILL HARRIERS	0:46:52	0:46:49			35	26	4
40	35	302	KEVIN ROONEY	M	MV40		0:46:56	0:46:24			36	5	22
41	41	145	SCOTT WILSON	M	MV50	FURNESS COLLEGE	0:46:56	0:46:51			37	6	1
42	42	283	MICHAEL WEBSTER	M	MSEN	PARKRUN	0:46:56	0:46:52			38	27	1
43	43	208	DAVID BRIDGES	M	MV40		0:47:01	0:46:55			39	6	23
44	44	212	SIMON CHAPMAN	M	MSEN	MILLOM STRIDERS	0:47:29	0:47:23			40	28	3
45	45	177	MICHAEL MCDONALD	M	MSEN		0:47:31	0:47:28			41	29	24
46	47	232	PHILIP HORROCKS	M	MV50	WALNEY WIND CHEETAHS	0:47:45	0:47:41			42	7	4
47	46	313	JULIAN DONNELLY	M	MV50		0:47:48	0:47:35			43	8	25
48	48	43	MICHAEL DUNCAN	F	FSEN		0:48:02	0:47:52	5		4		2
49	50	107	PAUL QUINN	M	MV50	WALNEY WIND CHEETAHS	0:48:06	0:48:04			44	9	5
50	49	156	MARK BARROW	M	MV40	PARKSIDE PANTHERS	0:48:11	0:48:00			45	7	1
51	51	218	JAMES COOKE	M	MV60	GLAXO HOAD HILL HARRIERS	0:48:13	0:48:09			46	1	5
52	52	178	ANDY MILLER	M	MV50	WALNEY WIND CHEETAHS	0:48:18	0:48:10			47	10	6
53	53	294	KAREN MAGGIO-POYNTZ	F	FV40		0:48:29	0:48:25	6		2		3
54	54	261	KAREN OLDHAM	F	FV50	LEVEN VALLEY AC	0:48:36	0:48:26	7		1		1
55	58	269	JAMES PRESCOTT	M	MSEN		0:48:43	0:48:40			48	30	26
56	56	260	CHARLIE O'HARE	M	MSEN	WALNEY WIND CHEETAHS	0:48:46	0:48:36			49	31	7
57	55	320	KEITH NGWENYA	M	MSEN		0:48:49	0:48:34			50	32	27
58	59	31	DAN CHARNLEY	M	MSEN		0:48:52	0:48:43			51	33	28
59	62	219	ALISON COOKE	F	FV50	GLAXO HOAD HILL HARRIERS	0:48:54	0:48:52	8		2		2
60	60	151	DEBORAH YEARNSHIRE	F	FV40	GLAXO HOAD HILL HARRIERS	0:48:55	0:48:44	9		3		3
61	57	262	MICHAEL OLIVER	M	MSEN		0:48:57	0:48:38			52	34	29
62	61	79	EUAN MCKINNON	M	MV40	ULVERSTON TRI CLUB	0:49:07	0:48:50			53	8	1
63	63	70	NEIL JOHNSTON	M	MV40	LEVEN VALLEY AC	0:49:08	0:48:55			54	9	2
64	66	38	ALLAN DAVIDSON	M	MSEN		0:49:09	0:49:07			55	35	30
65	67	248	DARREN MCSWEENEY	M	MV50	WALNEY WIND CHEETAHS	0:49:14	0:49:10			56	11	8
66	64	217	KEITH CONWAY	M	MV40	ULVERSTON TRI CLUB	0:49:16	0:48:58			57	10	2
67	65	197	LIZ WHITE	F	FV40	GLAXO HOAD HILL HARRIERS	0:49:17	0:49:05	10		4		4
68	69	245	NEIL MACDONALD	M	MV50	MILLOM STRIDERS	0:49:23	0:49:17			58	12	4
69	68	141	AMY WHITEHEAD	F	FSEN		0:49:27	0:49:13	11		5		4
70	70	220	GRAHAM DACRE	M	MV50	BARROW & FURNESS STRIDERS	0:49:28	0:49:21			59	13	2
71	71	309	PAUL HARRIS	M	MSEN		0:49:36	0:49:28			60	36	31
72	72	20	ABE BROWN	M	MSEN	FURNESS COLLEGE	0:49:50	0:49:36			61	37	2



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73	74	211	JANICE CALLISTER	F	FV50	WALNEY WIND CHEETAHS	0:49:50	0:49:46	12		3	2
74	73	240	TONY JEWELL	M	MV60		0:49:50	0:49:44		62	2	32
75	75	237	LEANNE JACKSON	F	FSEN	MILLOM STRIDERS	0:49:52	0:49:48	13		6	1
76	77	325	GARETH BOYLE	M	MSEN		0:49:56	0:49:53		63	38	33
77	78	312	RUSS MAGUIRE	M	MV40		0:49:59	0:49:58		64	11	34
78	76	101	CHRIS PLANT	M	MSEN		0:50:10	0:49:50		65	39	35
79	79	284	STEVEN WESTRAY	M	MV40		0:50:16	0:50:11		66	12	36
80	80	90	DEBORAH MORAN	F	FV50	WALNEY WIND CHEETAHS	0:50:23	0:50:13	14		4	3
81	81	221	SEAN DAVIES	M	MSEN		0:50:39	0:50:23		67	40	37
82	83	235	JULIE HUNTER	F	FV40	GLAXO HOAD HILL HARRIERS	0:50:46	0:50:34	15		5	5
83	82	9	SIMON BARTON	M	MV60	GLAXO HOAD HILL HARRIERS	0:50:50	0:50:29		68	3	6
84	85	229	KAREN GRIFFITHS	F	FV50	PARKSIDE PANTHERS	0:50:55	0:50:46	16		5	1
85	93	68	DAVID HOWIE	M	MV70	WALNEY WIND CHEETAHS	0:51:15	0:51:14		69	1	9
86	84	172	MATT HOUSTON	M	MSEN		0:51:19	0:50:43		70	41	38
87	85	162	JASON CAINE	M	MSEN		0:51:21	0:50:46		71	42	39
88	94	227	JAMES FAZACKERLEY	M	MSEN	WALNEY WIND CHEETAHS	0:51:28	0:51:18		72	43	10
89	97	171	MALCOLM HILL	M	MV60	PARKSIDE PANTHERS	0:51:36	0:51:25		73	4	2
90	87	300	WILL HINDE	M	MSEN		0:51:39	0:51:06		74	44	40
91	87	296	PHIL CUBIN	M	MSEN		0:51:39	0:51:06		75	45	41
92	98	200	LAUREN WRAY	F	FSEN	WALNEY WIND CHEETAHS	0:51:39	0:51:28	17		7	4
93	89	298	JACK MOSES	M	MSEN		0:51:41	0:51:07		76	46	42
94	90	330	ETHAN HALT	M	MSEN		0:51:41	0:51:08		77	47	43
95	96	44	STEVEN EDMONDSON	M	MSEN	FURNESS COLLEGE	0:51:41	0:51:24		78	48	3
96	91	292	JEFF MOSES	M	MV50		0:51:41	0:51:09		79	14	44
97	95	196	KERRY TRAVERS	F	FV40	BARROW & FURNESS STRIDERS	0:51:42	0:51:19	18		6	1
98	91	297	DEVON MULHOLLAND	M	MSEN		0:51:43	0:51:09		80	49	45
99	99	308	MATT MESSENGER	M	MV40		0:51:49	0:51:36		81	13	46
100	100	86	TIM MILES	M	MV40	MILLOM STRIDERS	0:52:05	0:52:00		82	14	5
101	102	111	CHRIS RICHARDSON	M	MV50		0:52:11	0:52:06		83	15	47
102	101	62	ANDREW HEMSLEY	M	MV50	WALNEY WIND CHEETAHS	0:52:12	0:52:03		84	16	11
103	107	252	NICOLA MOLLOY	F	FSEN		0:52:21	0:52:18	19		8	5
104	105	27	DANIEL CARTER	M	MSEN	FURNESS COLLEGE	0:52:25	0:52:13		85	50	4
105	104	161	CRAIG BURNS	M	MSEN		0:52:27	0:52:09		86	51	48
106	106	21	CONNAIRE BROWN	M	MSEN		0:52:35	0:52:15		87	52	49
107	103	160	COLIN BENN	M	MV60	MILLOM STRIDERS	0:52:36	0:52:08		88	5	6
108	112	118	DAVID SHAW	M	MV60	WALNEY WIND CHEETAHS	0:52:42	0:52:40		89	6	12



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109	108	189	WILLIAM SHARP	M	MV60	GLAXO HOAD HILL HARRIERS	0:52:44	0:52:22		90	7	7
110	110	173	AL MCNULTY	M	MV40	PARKSIDE PANTHERS	0:52:47	0:52:34		91	15	3
111	111	47	PAUL ELLISON	M	MV40	PARKSIDE PANTHERS	0:52:48	0:52:37		92	16	4
112	108	194	HILARY STEPHENSON	F	FSEN	GEORGE HASTWELL SCHOOL	0:52:50	0:52:22	20		9	1
113	113	93	SEAN MULHOLLAND	M	MSEN		0:53:10	0:52:55		93	53	50
114	115	1	JIMMY ANDERSON	M	MV60		0:53:23	0:53:10		94	8	51
115	116	276	CERI THOMAS	M	MSEN	CUMBRIA POLICE	0:53:24	0:53:17		95	54	2
116	114	282	LEE WARREN	M	MSEN	WALNEY WIND CHEETAHS	0:53:28	0:53:07		96	55	13
117	120	255	KIRSTY MOORE	F	FSEN	MILLOM STRIDERS	0:53:52	0:53:38	21		10	2
118	117	231	ANDREW HIGGINSON	M	MSEN		0:53:53	0:53:20		97	56	52
119	121	56	JOHN GREENWOOD	M	MV60	WALNEY WIND CHEETAHS	0:53:58	0:53:49		98	9	14
120	118	326	MICHELLE WHALLEY	F	FV40		0:54:00	0:53:29	22		7	6
121	123	271	RACHEL READ	F	FV50	MILLOM STRIDERS	0:54:09	0:54:06	23		6	3
122	119	299	JAKE ALLONBY	M	MSEN		0:54:10	0:53:37		99	57	53
123	122	115	HAZEL SANKEY	F	FV50	PARKSIDE PANTHERS	0:54:25	0:54:05	24		7	2
124	124	18	ALAN BRADLEY	M	MV40		0:54:37	0:54:13		100	17	54
125	126	149	SADIE WOOD	F	FSEN		0:55:07	0:54:58	25		11	7
126	127	222	BENJAMIN DAWSON	M	MSEN	DAVENPORT RUNNERS	0:55:08	0:55:00		101	58	1
127	130	13	MARIA BLAKEY	F	FV60	WALNEY WIND CHEETAHS	0:55:15	0:55:05	26		1	5
128	125	187	FRASER ROBERTSON	M	MV40		0:55:22	0:54:53		102	18	55
129	132	273	ALEXANDRA SMITH	F	FSEN		0:55:24	0:55:10	27		12	8
130	129	206	LEANNE BAYLIFF	F	FV40	GLAXO HOAD HILL HARRIERS	0:55:25	0:55:04	28		8	6
131	128	272	HANNAH SCHOLES	F	FSEN	LEVEN VALLEY AC	0:55:32	0:55:02	29		13	2
132	131	275	EMILY THOMAS	F	FSEN		0:55:44	0:55:07	30		14	9
133	134	247	ALLISON MCEWAN	F	FV40		0:55:53	0:55:47	31		9	10
134	133	8	SALLY BARTON	F	FV50	GLAXO HOAD HILL HARRIERS	0:55:56	0:55:36	32		8	7
135	135	303	MANDY PARK	F	FV40		0:56:03	0:55:51	33		10	11
136	136	246	GEORGINA MAWSON	F	FSEN	MILLOM STRIDERS	0:56:07	0:56:04	34		15	4
137	137	46	HELEN EDWARDS	F	FV50	WALNEY WIND CHEETAHS	0:56:16	0:56:11	35		9	6
138	139	99	MARTIN PEARCE	M	MSEN		0:56:23	0:56:17		103	59	56
139	140	116	REBECCA SANKEY	F	FSEN	ULVERSTON TRI CLUB	0:56:45	0:56:29	36		16	1
140	138	322	DANNY TURNER	M	MV40		0:56:45	0:56:15		104	19	57
141	142	52	DAVINA GAMMACK	F	FV40		0:56:46	0:56:44	37		11	12
142	141	103	CAROL POSTLETHWAITE	F	FV50	GLAXO HOAD HILL HARRIERS	0:57:01	0:56:39	38		10	8
143	143	209	ALAN BURROW	M	MV50	MILLOM STRIDERS	0:57:04	0:56:58		105	17	7
144	144	154	CHRIS ALTREE	M	MSEN		0:57:18	0:57:06		106	60	58



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145	145	22	LOUISE BURKE	F	FV40		0:57:39	0:57:12	39		12	13
146	146	192	PAUL SMITH	M	MV40	WALNEY WIND CHEETAHS	0:57:41	0:57:22		107	20	15
147	147	224	RON EADINGTON	M	MV60		0:57:41	0:57:31		108	10	59
148	149	215	SUSAN CLARKSON	F	FSEN	WALNEY WIND CHEETAHS	0:57:44	0:57:35	40		17	7
149	148	213	RACHAEL CHAPPLES	F	FSEN		0:57:48	0:57:34	41		18	14
150	152	97	CAROL PARK	F	FV50	WALNEY WIND CHEETAHS	0:57:59	0:57:49	42		11	8
151	150	216	MARTIN CLARKSON	M	MSEN	WALNEY WIND CHEETAHS	0:58:04	0:57:43		109	61	16
152	150	236	CRAIG HYDE	M	MSEN		0:58:04	0:57:43		110	62	60
153	156	121	SAMANTHA SHERWOOD	F	FSEN		0:58:19	0:58:15	43		19	15
154	153	59	CATHRINE GRISDALE	F	FV60	BARROW & FURNESS STRIDERS	0:58:25	0:58:01	44		2	2
155	156	164	RACHEL CLARK	F	FV40		0:58:35	0:58:15	45		13	16
156	158	77	HELEN MASON	F	FSEN		0:58:44	0:58:18	46		20	17
157	154	314	DAN WEBBER	M	MSEN		0:58:45	0:58:06		111	63	61
158	155	315	NEIL IRVING	M	MV40		0:58:46	0:58:07		112	21	62
159	160	51	SONJA FARISH	F	FV40		0:58:49	0:58:41	47		14	18
160	159	242	JUDITH KITTLE	F	FSEN		0:58:52	0:58:30	48		21	19
161	162	318	MICHAEL HIGGINS	M	MV60	TYNE BRIDGE HARRIERS	0:58:54	0:58:49		113	11	1
162	161	307	SHAUN NELSON	M	MV50		0:59:09	0:58:47		114	18	63
163	163	7	JOANNA BARNARD	F	FV40	FURNESS COLLEGE	0:59:22	0:59:06	49		15	1
164	163	119	NATALIE SHAW	F	FSEN	FURNESS COLLEGE	0:59:22	0:59:06	50		22	2
165	167	188	ANNEMARIE SAYERS	F	FSEN	PARKSIDE PANTHERS	0:59:27	0:59:16	51		23	3
166	170	159	KIRSTEN BELL	F	FSEN		0:59:29	0:59:22	52		24	20
167	171	185	JACK RHODES	M	MSEN		0:59:29	0:59:23		115	64	64
168	168	329	LEEANN EVANS	F	FV40		0:59:31	0:59:18	53		16	21
169	165	191	EMMA SMITH	F	FSEN		0:59:33	0:59:10	54		25	22
170	172	254	OLIVIA MOORE	F	FSEN	MILLOM STRIDERS	0:59:38	0:59:33	55		26	5
171	166	243	MICHAEL LAMB	M	MSEN		0:59:42	0:59:11		116	65	65
172	177	73	DANIEL LAMB	M	MSEN		0:59:48	0:59:38		117	66	66
173	178	85	HANNAH MILBY	F	FSEN	GLAXO HOAD HILL HARRIERS	0:59:48	0:59:39	56		27	9
174	175	133	MIKE TRANTER	M	MV40		0:59:50	0:59:35		118	22	67
175	174	69	ALAN JACKSON	M	MV50	ULVERSTON TRI CLUB	0:59:52	0:59:34		119	19	3
176	169	76	EMMA LUPTON	F	FSEN		0:59:57	0:59:21	57		28	23
177	175	80	ADAM MCLARNON	M	MSEN		1:00:05	0:59:35		120	67	68
178	172	137	GRAEME WALLACE	M	MV40		1:00:10	0:59:33		121	23	69
179	185	33	MICHAEL COOK	M	MV50	WALNEY WIND CHEETAHS	1:00:14	1:00:09		122	20	17
180	184	63	PAULA HERBERT	F	FV50	WALNEY WIND CHEETAHS	1:00:17	1:00:08	58		12	9



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181	179	186	PAM ROBERTSON	F	FV40		1:00:18	0:59:48	59		17	24
182	182	328	HELEN BROOKBANK	F	FSEN		1:00:21	0:59:57	60		29	25
183	179	290	OLIVER DILKS	M	MSEN		1:00:22	0:59:48		123	68	70
184	181	293	ROYSTON MCKENNA	M	MSEN		1:00:22	0:59:49		124	69	71
185	186	66	LYNNE HOLMES	F	FV50	WALNEY WIND CHEETAHS	1:00:28	1:00:19	61		13	10
186	188	258	STEVEN NEALE	M	MV50	BARROW RAIDERS	1:00:36	1:00:31		125	21	1
187	187	175	PETER JACKSON	M	MV70	MILLOM STRIDERS	1:00:40	1:00:28		126	2	8
188	183	210	CHARLOTTE CAIRNS	F	FSEN		1:00:42	1:00:07	62		30	26
189	190	105	DAVID PUCKNELL	M	MV50	FURNESS COLLEGE	1:00:54	1:00:37		127	22	5
190	195	163	ANDREW CAULFIELD	M	MSEN		1:00:56	1:00:53		128	70	72
191	193	331	HANNAH DIXON	F	FSEN		1:00:57	1:00:43	63		31	27
192	189	57	CLARE GREENWOOD	F	FV60	WALNEY WIND CHEETAHS	1:00:58	1:00:34	64		3	11
193	194	4	STEPHANIE ARCHER	F	FSEN		1:01:01	1:00:47	65		32	28
194	191	158	NAOMI BASSETT	F	FSEN	SIMON BASSETT	1:01:05	1:00:39	66		33	1
195	191	157	SIMON BASSETT	M	MSEN		1:01:05	1:00:39		129	71	73
196	196	36	JEFF CROSTHWAITE	M	MV60	PARKSIDE PANTHERS	1:01:12	1:00:57		130	12	5
197	198	128	ELIZABETH STILLING	F	FSEN		1:01:29	1:01:13	67		34	29
198	199	140	KELLY WHITE	F	FV40	RED ROSE RUNNERS	1:01:32	1:01:19	68		18	1
199	197	319	CALUM MACLEOD	M	MV40		1:01:35	1:01:04		131	24	74
200	200	155	BARRY ANGOVE	M	MV70		1:01:40	1:01:26		132	3	75
201	201	234	BRONTE HUDSON	F	FSEN	FURNESS COLLEGE	1:01:47	1:01:29	69		35	3
202	201	35	AUDREY CROSTHWAITE	F	FV60		1:01:54	1:01:29	70		4	30
203	203	202	MICHELLE ARMISTEAD	F	FSEN		1:02:12	1:01:41	71		36	31
204	208	48	SUE FELL	F	FV50	FURNESS COLLEGE	1:02:27	1:02:19	72		14	4
205	209	327	IAN FELL	M	MV50		1:02:27	1:02:20		133	23	76
206	210	193	PRANEE SOWERBY	F	FV40	MILLOM STRIDERS	1:02:32	1:02:24	73		19	6
207	204	324	JOANNE GARNETT	F	FV40		1:02:35	1:01:59	74		20	32
208	214	301	SHONA HARTLEY	F	FV40		1:02:43	1:02:34	75		21	33
209	205	267	STEVEN PHILLIPS	M	MSEN		1:02:44	1:02:12		134	72	77
210	206	183	VICTORIA PHILLIPS	F	FSEN		1:02:45	1:02:14	76		37	34
211	207	226	CHRISTINE EVERETT	F	FSEN		1:02:46	1:02:15	77		38	35
212	212	95	MARK NOBLE	M	MSEN	PARKSIDE PANTHERS	1:02:49	1:02:32		135	73	6
213	211	168	LORETO ESPANA AMED	F	FV40		1:02:53	1:02:29	78		22	36
214	213	102	CAMERON POLLOCK	M	MSEN		1:03:00	1:02:33		136	74	78
215	215	238	ANNABEL JAMES	F	FSEN	MILLOM STRIDERS	1:03:45	1:03:30	79		39	7
216	216	241	DONNA JOHNSTON	F	FV50	PARKSIDE PANTHERS	1:03:56	1:03:35	80		15	4



Ov. Pos	Chip Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
217	216	286	DAWN WILD	F	FV50	PARKSIDE PANTHERS	1:03:56	1:03:35	81		16	5
218	218	174	BETH HUGHES	F	FV40	PARKSIDE PANTHERS	1:03:57	1:03:36	82		23	6
219	220	184	HUGH PORTER	M	MV60		1:03:58	1:03:47		137	13	79
220	218	122	LESLEY SKELTON	F	FV50	DUDDON DRAGONS	1:03:58	1:03:36	83		17	1
221	221	16	LEANNE BRADLEY	F	FSEN	WALNEY WIND CHEETAHS	1:04:27	1:03:53	84		40	12
222	222	49	VAL FLEMING	F	FV60	WALNEY WIND CHEETAHS	1:04:44	1:04:23	85		5	13
223	223	55	SUE GRAHAM	F	FV50		1:05:02	1:04:41	86		18	37
224	225	287	ANDY WOODS	M	MV60	MILLOM STRIDERS	1:05:14	1:04:52		138	14	9
225	224	41	MICHELLE DOUGAN	F	FSEN		1:05:16	1:04:45	87		41	38
226	226	180	KAREN MOORE	F	FV50	MILLOM STRIDERS	1:05:56	1:05:50	88		19	8
227	227	295	LESLEY GRIEVE	F	FV60		1:06:15	1:05:52	89		6	39
228	228	150	JILL WOODHOUSE	F	FV60		1:06:18	1:05:59	90		7	40
229	231	310	ROBERT CAMERON	M	MV60		1:06:25	1:06:16		139	15	80
230	229	239	MATTHEW JEFFERSON	M	MSEN	FURNESS COLLEGE	1:06:29	1:06:11		140	75	6
231	229	204	DYLLAN ARMSTRONG	M	MSEN	FURNESS COLLEGE	1:06:29	1:06:11		141	76	7
232	234	304	JOSH GARTLAND	M	MSEN		1:06:32	1:06:30		142	77	81
233	234	24	ANDREW CALVERT	M	MSEN		1:06:36	1:06:30		143	78	82
234	234	25	TRACY CALVERT	F	FSEN	HORNSEA HARRIERS	1:06:36	1:06:30	91		42	1
235	231	136	IAN WALKER	M	MV50	GLAXO HOAD HILL HARRIERS	1:06:45	1:06:16		144	24	8
236	233	152	CHERYL YOUNG	F	FSEN	GLAXO HOAD HILL HARRIERS	1:06:45	1:06:17	92		43	10
237	237	30	KERRY CHAPPLE	F	FSEN	MILLOM STRIDERS	1:07:20	1:07:06	93		44	9
238	240	2	TERI ANDERSON	F	FSEN		1:07:34	1:07:22	94		45	41
239	241	131	HANNAH SWIERKOCKI	F	FSEN		1:07:36	1:07:25	95		46	42
240	238	281	MAX WAPLINGTON	M	MSEN		1:07:43	1:07:17		145	79	83
241	239	280	AMY WAPLINGTON	F	FSEN		1:07:44	1:07:18	96		47	43
242	242	250	HELEN MERRELL	F	FV50		1:07:57	1:07:27	97		20	44
243	243	17	SARAH BRADLEY	F	FV40		1:08:10	1:07:44	98		24	45
244	246	278	JOSHUA WALKER	M	MSEN		1:08:18	1:08:08		146	80	84
245	245	32	LOUISE COOK	F	FV50	WALNEY WIND CHEETAHS	1:08:27	1:08:07	99		21	14
246	244	214	SHARON CLARKE	F	FV40		1:08:27	1:08:01	100		25	46
247	247	71	BILL KITCHIN	M	MV70		1:09:21	1:08:51		147	4	85
248	251	167	WENDY CRAIK	F	FV50	MILLOM STRIDERS	1:09:22	1:09:14	101		22	10
249	250	110	NATALIE RENSHAW	F	FSEN		1:09:26	1:09:12	102		48	47
250	251	3	JOHN APPLETON	M	MSEN		1:09:27	1:09:14		148	81	86
251	248	305	LINDA ALLONBY	F	FV50		1:09:33	1:09:05	103		23	48
252	249	306	AMANDA HARVEY	F	FV40		1:09:35	1:09:08	104		26	49



Ov. Pos	Chip Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
253	253	6	KIRSTY BAGSHAW	F	FSEN		1:09:49	1:09:17	105		49	50
254	255	249	JOHN MCVEA	M	MV70	CUMBRIA POLICE	1:10:34	1:10:26		149	5	3
255	254	26	NAOMI CAPSTICK	F	FV40	GLAXO HOAD HILL HARRIERS	1:10:35	1:10:08	106		27	11
256	256	109	PAUL REID	M	MV60		1:11:11	1:10:36		150	16	87
257	257	108	DOREEN REID	F	FV60		1:11:12	1:10:37	107		8	51
258	258	144	BECKY WILLOUGHBY	F	FV40	HELM HILL RUNNERS	1:11:21	1:10:49	108		28	1
259	262	12	GEMMA BETTERIDGE	F	FSEN	MILLOM STRIDERS	1:12:10	1:12:03	109		50	11
260	261	67	RACHAEL HOUSTON	F	FV40	PARKSIDE PANTHERS	1:12:10	1:12:02	110		29	7
261	259	147	CHRISTINE WINDER	F	FV50	GLAXO HOAD HILL HARRIERS	1:12:26	1:11:58	111		24	12
262	263	106	BETHANY PYE	F	FSEN	FURNESS COLLEGE	1:12:28	1:12:11	112		51	5
263	260	74	MIKE LAVERY	M	MV60	GLAXO HOAD HILL HARRIERS	1:12:28	1:12:00		151	17	9
264	265	60	RUTH HAUGHIAN	F	FV60	WALNEY WIND CHEETAHS	1:13:11	1:12:55	113		9	15
265	266	125	HANNAH SMITH	F	FSEN	FURNESS COLLEGE	1:13:16	1:12:56	114		52	6
266	264	321	JULIE SHIPPEN	F	FV50		1:13:16	1:12:48	115		25	52
267	267	42	MAURICE DUFFY	M	MV50	WALNEY WIND CHEETAHS	1:13:17	1:13:01		152	25	18
268	268	146	JULIE WILSON	F	FV40	FURNESS COLLEGE	1:13:33	1:13:22	116		30	7
269	271	259	WENDY NUGENT	F	FV40	MILLOM STRIDERS	1:13:42	1:13:34	117		31	12
270	271	230	LAURA HEASLEY	F	FSEN	MILLOM STRIDERS	1:13:42	1:13:34	118		53	13
271	270	37	LINDA CROUD	F	FV50		1:13:45	1:13:31	119		26	53
272	269	291	SANDRA WRIGHT	F	FSEN		1:13:46	1:13:30	120		54	54
273	273	91	SHELAGH MORRALL	F	FV50		1:13:53	1:13:40	121		27	55
274	274	153	DAVE AITKEN	M	MV50	ULVERSTON TRI CLUB	1:14:30	1:14:08		153	26	4
275	275	323	LOIS MORRELL	F	FSEN		1:14:50	1:14:27	122		55	56
276	275	92	YVONNE MORRELL	F	FV40	BARROW & FURNESS STRIDERS	1:14:51	1:14:27	123		32	3
277	277	228	DANIEL FEARNETT	M	MSEN	FURNESS COLLEGE	1:15:27	1:15:03		154	82	8
278	278	29	LYNNE CHAMBERS	F	FV60		1:15:27	1:15:08	124		10	57
279	279	113	SANDRA ROBINSON	F	FV40	MANCHESTER YMCA HARRIERS	1:15:59	1:15:43	125		33	1
280	280	96	NICOLA NOBLE	F	FSEN	PARKSIDE PANTHERS	1:16:40	1:16:23	126		56	8
281	280	10	MARIE BENNETT	F	FV50		1:16:51	1:16:23	127		28	58
282	282	11	SHARON BENNETT WAS ALEXANDER	F	FV40		1:16:53	1:16:24	128		34	59
283	283	132	HAZEL SYKES	F	FSEN		1:17:17	1:16:42	129		57	60
284	284	40	BEVERLEY DODD	F	FV40	MILLOM STRIDERS	1:19:35	1:19:07	130		35	14
285	285	129	ELIZABETH SUNDERLAND	F	FSEN	BARROW LIFE LESUIRE	1:19:50	1:19:21	131		58	1
286	285	130	SAMANTHA SUNDERLAND	F	FV50		1:19:51	1:19:21	132		29	61
287	287	288	MARK SPRAGGEN	M	MV40		1:27:12	1:26:41		155	25	88
288	288	87	TRACY MITCHELL	F	FV40	MILLOM LADIES RUGBY	1:29:02	1:28:26	133		36	1



Ov. Pos	Chip Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
289	289	201	EBANY AMBROSE	F	FSEN	FURNESS COLLEGE	2:03:10	2:02:46	134		59	8
DNF		225	JANET ELSPETH	F	FV40							
DNF		266	PENNY PEARCE	F	FV60							
DNF		289	PETER HALL	M	MV70							

